

COUNSELING and MENTORING

Organization	Services	Contact	Title	Email	Phone
RUOK? TCU	Suicide awareness and prevention campaign at TCU. ruok.tcu.edu	Cortney Gumbleton	Suicide Prevention Outreach Coordinator	c.gumbleton@tcu.edu	
MHA	Mental Health America of Greater Tarrant County cares about the mental wellness within the community. We strive to enhance mental health and improve the lives of those impacted by mental health. We believe in building awareness and education in our community.	Jacqueline Chavez	Suicide Awareness and Education Coordinator	jacqueline.chavez@mhmrc.org	817 335 5405
MHA LOSS	Losses as possible. We are available to provide support and resources to bereaved loved ones either on scene or when one is ready to find help.	Lezlie Culver and Christine Smith	LOSS Team Program Director and Loss Team Coordinator	Lezlie.Culver@mhmrc.org / christine.smith@mhmrc.org	817 335 5405
Brighter Possibilities	Brighter Possibilities is a counseling facility located in Fort Worth, Texas. Our goal is to assist the community by providing counseling services for children, adolescents, families, couples and individuals. Offer opportunities for leadership training and counseling as well as relationship building. Each Academy 4 session is	Michael Flores	Academy 4 Coordinator	michael.flores@brighterpossibilities.org	817 335 5405
		Doug	is where a dad and son connect, with Christ at the center of their relationship.	Jeff Eslick	
	comprised of three different activity times: Clubs, Leadership Training, and Quality Time with Mentors.				817 999 7634
TCU/Paschal Educational Foundation	The mission of the PHS Educational Foundation is to help close the educational opportunity gap for under served Paschal High School seniors.				817 335 5405

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TCU Counseling and Mental Health Center	The TCU Counseling and Mental Health Center has a 24/7 counseling line that offers telephone counseling to all TCU students anytime, day or night, and even during semester breaks. If you feel the need to talk with a counselor, please call 817 257 7233.	Daralynn Dearnorff	Consulting Psychiatrist	D.Dearnorff@tcu.edu	817 257 7863
Legal Clinic Women's Center	Expert legal advice tailored to personal needs is provided at no cost to anyone needing legal assistance. Volunteer attorneys are not able to take cases, but they can discuss available legal options. Registration is required. In Fort Worth, Every second and fourth Thursday at 5:30 p.m. Focuses on Family Law issues such as divorce, child support and custody. Spanish speaking translation available	Amy Suffield		asuffield@womenscenter.tcu.edu	(817) 927 4040
Women's Center Employment Solutions	Employment Solutions works to increase the financial well being of women, men and families through stable jobs in high demand occupations and increased financial capability. Participants select the most appropriate service track to help them reach their goals to employment. All have access to financial coaching to help maximize the impact of each paycheck and build towards long term sustainability. Likewise, all receive individualized coaching.	Suffield		asuffield@womenscenter.tcu.edu	

